





9. According to what you know, check the two racial/ethnic groups with the highest infant mortality rate in Utah.

- Asian
- American Indian/Alaska Native
- Black/African American
- Hispanic/Latino
- White Caucasian
- Native Hawaiian/Pacific Islander
- Not sure/don't know

10. Perinatal conditions are (check only one box)

- Maternal conditions related to pregnancy or delivery
- Infant conditions related to pregnancy or delivery
- Both
- None of the above
- Not sure/don't know

11. What is the top cause of infant mortality among NHPI in Utah? (check only one box)

- Injuries and accidents
- Perinatal conditions
- Sudden infant death syndrome (SIDS)
- All of the above
- Not sure/don't know

12. Preconception health is (check only one box)

- Taking steps to get healthy before pregnancy
- Promoting the health of women of reproductive age before conception
- A woman's health before she becomes pregnant
- All of the above
- Not sure/don't know

13. Prenatal care is the (check only one box)

- Healthcare that a baby receives after the baby is born
- Healthcare that a pregnant woman receives during pregnancy
- Healthcare that a pregnant woman receives after the baby is born
- All of the above
- Not sure/don't know

14. When should a woman start prenatal care? (check only one box)

- During the second trimester of pregnancy
- During the third trimester of pregnancy
- As soon as she finds out she is pregnant
- After the baby is born
- Not sure/don't know

15. After having a baby, a woman has a better chance of having a healthy pregnancy and a healthy baby if she waits (check only one box)

- At least three months (3) before becoming pregnant again
- At least six months (6) before becoming pregnant again
- At least twelve months (12) before becoming pregnant again
- At least eighteen months (18) before becoming pregnant again
- Not sure/don't know

16. How confident do you feel talking with family members about pregnancy and birth-related issues? (Circle the number that best represents you.)

Not at all confident Extremely confident  
1 2 3 4 5

17. How confident do you feel talking with community members about pregnancy and birth-related issues? (Circle the number that best represents you.)

Not at all confident Extremely confident  
1 2 3 4 5

18. How confident do you feel finding trusted information and resources for before, during, and after pregnancy? (Circle the number that best represents you.)

Not at all confident Extremely confident  
1 2 3 4 5

19. How confident do you feel coaching (providing advice and guidance to) family members about steps that could be taken to have healthy babies? (Circle the number that best represents you.)

Not at all confident Extremely confident  
1 2 3 4 5



20. How confident do you feel coaching (providing advice and guidance to) community members about steps that could be taken to have healthy babies? (Circle the number that best represents you.)

Not at all confident

Extremely confident

1

2

3

4

5