



## Post-questionnaire workshop 2 It Takes a Village: Giving our babies the best chance

This questionnaire is de-identified. Answer the questions on your own and be honest.

1. Preconception health is (check only one box)

- Taking steps to get healthy before pregnancy
- Promoting the health of women of reproductive age before conception
- A woman's health before she becomes pregnant
- All of the above
- Not sure/don't know

2. How confident do you feel talking with family members about pregnancy and birth-related issues? (Circle the number that best represents you)

Not at all confident

1

2

3

Extremely confident

4

5